Children & Young People's Support

> Peer Support

Our new Peer Support model will offer specific routes to support young people's wellbeing from age 10- 25.

Locations:

North Lancashire East Lancashire Central Lancashire Blackpool Blackburn

Wellbeing Services:

- Support to access existing community groups
- 1-1 Virtual wellbeing coaching
- Signposting to specialist support
- Peer support training
- Establishing new groups for young people





mind Lancashire

Registered charity number: 1081427